

Futsal Development Plan 2011



**Presented to EIYSA Coaches
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SUMMARY

The Futsal Development Plan utilized by the Futsal Committee endeavours to foster the development of Futsal via districts leagues and clubs in Canada.

The mandate of Futsal is to cultivate districts, leagues and clubs to provide quality instruction and facilitate the development of each individual to their full potential in the skills of Futsal.

Our keys to success and critical factors for the next year are:

- To increase awareness level of Futsal in the general public and the districts, leagues, clubs, and their members.
- To develop partnerships and develop the game of Futsal

In identifying the need for developing Futsal in Canada the committee evaluated and researched the need for advocating Futsal primarily as a skill development tool for players of all ages. This futsal experience has been recognized by the FIFA technical committees as enhancing these transferable skills for players of the outdoor game of soccer.

The Futsal Committee believes that the market potential of Futsal in Canada will be strong when it is properly introduced within the structure based on the demonstrated need of the caregivers of the youth market to assist them in their development of skill sets.

In addition to being a value-added benefit to coaches and others, this FIFA sanction sport has proven its marketability in the growth of the many forms of indoor soccer promoted by the private sector that are outside the CSA structure.

This skill development is applicable to both elite and recreational players of all ages and both genders.

KEYS TO SUCCESS

Futsal is very popular around the world as a stand alone sport. In Canada, however futsal is still in the developmental stage even though the game has been played in numerous areas of the country since 1982. Soccer is also very popular in Canada at the amateur and recreational level. There is a greater push to develop the game (soccer) through youth development to make the National teams stronger in the future. In addition these players would also likely be interested in the indoor game.

- Many current outdoor soccer players seek to improve skills or play another form of soccer
- Inclement winter climate means many areas are not able to enjoy outdoor sports
- High immigrant population that come from soccer rich nations that may be familiar with futsal
- Outdoor soccer faces the challenge of lack of outdoor fields, giving an opportunity for the growth of Futsal which is played indoors using existing gymnasium facilities

The Futsal Committee's vision is to have potential players view Futsal as having high quality, superior instruction that offers far better skill development benefits compared to all other forms of indoor soccer and that Futsal skills are transferable to the outdoor game.

The game of Futsal is internationally recognized and should be perceived by the players as a good way to have fun while sharpening their skills. Futsal is a game that can be played by both genders of all ages and abilities at any time of year.

Futsal Coaching Philosophy

Ideally, the development of a soccer player starts at a young age. The key to developing young talent is the coach's patience, emotional energy, and awareness of the techniques of both personal and skill development in players of all ages and abilities.

The initial or primary goal of coaching consists of instruction in futsal's basic physical skills such as trapping, passing, shooting, dribbling, offensive and defensive strategies. The larger goal is to enhance self-esteem, further develop individual skills, establish chemistry within the team and prepare them for setting long-term goals.

GOALS/OBJECTIVES

The Futsal Committee's main Goal is to communicate to the districts, leagues and clubs that Futsal provide assistance to their individual skill development.

- To organise, develop and promote the sport of Futsal (five-a-side indoor soccer).
- To maximise the playing skills and opportunities for advanced players and teams. Provided by Futsal with a spirit of fair play.
- To expand awareness of the sport regionally/ provincially.
- To provide information that the skills learned in Futsal are transferrable to the outdoor game.
- To provide the districts, clubs and leagues an opportunity to participate in Futsal Provincial Championships for all ages.

FUTSAL – THE GAME – SUMMARY

Futsal was first played in 1930 and Roger Grain defined the modern standard set of rules in Montevideo, Uruguay in 1932. The game's essential elements consist of five players a side on a basketball size court with a variety of surfaces using a no-bounce ball. The no-bounce ball requires players to control the ball using skill rather than the bounce of the ball. Originally, balls were made with a horse hair or cork interior and leather casing. The current official ball contains a rubber bladder, foam and leather casing and is a size 4 to comply with FIFA's international standard.

The game is a great developer of such skills as:

- Stop and go Ball control Dribbling Shooting skill and power
- Team play Endurance Focus(concentration) Strategy

In Latin America and many countries in Europe, Futsal is second only to soccer as the most played sport. There are approximately 25 million players worldwide and over 250,000 registered players in Brazil alone. Named for the Spanish futbolito and the Portuguese salao, combining to mean soccer played indoors, FUTSAL has honed the skills of numerous international stars including Pele, Zico, Socrates, Maradona and Ronaldo.

RULES OF THE GAME

The outdoor game of soccer and futsal come from the same roots. The ball being used is spherical and scoring a goal is done by placing the ball over the goal-line, between the goal-posts and under the cross-bar, provided it has not been thrown, carried or internationally propelled by hand or arm, by a player of the attacking side.

The major differences between outdoor soccer and futsal indoor soccer are:

- Futsal uses a ball with a reduced bounce

- FUTSAL has 5 players as opposed to outdoor soccer which fields 11 players including goalies
- FUTSAL has kick-ins rather than throw-ins to restart play
- No offside rule in FUTSAL
- Halves are 20 minutes in FUTSAL as opposed to outdoor soccer with 45 minute halves
- Playing surface can be different
- Unlimited subs for Futsal; with flying subs allowed.
- In general, futsal is a high speed high endurance and high scoring game.

FUTSAL TECHNICAL PROGRAM DEVELOPMENT

The key to the success of communicating the benefits of Futsal will be to develop a technical program that has the ease of implementation “plug and play”. Implementation The focus of the technical program will be to use the most fundamental elements of Futsal.

- Technical ability: receiving, dribbling, distribution, finishing
- Tactical ability: decisions, defending, positioning, attacking
- Mental ability: attitude, composure, determination, concentration
- Physical ability: strength, agility, speed, balance

The key will be in communication and disseminating this information on how Futsal can develop. Success will require the districts as part of the development program for initiating younger players to play futsal during the winter months in a controlled climate. Soccer players can improve their skills if they play and train indoors when the outdoor season has concluded or taken a break.

How to Play

All you need to play the game officially is a basketball court, two indoor goals and the correct ball. If you don't have that you can use any surface, a couple of jackets and any ball. Walls and artificial surfaces are not necessary.

The official Futsal goals have a width of 10 feet and height of seven feet, but any indoor goals would suffice. A set of cones at either end can work well at the beginning. Each goal is fronted by a 13-foot penalty area. You can use tape or chalk to mark it in. There is no need for further marking, since the existing side and end lines and centre circle of basketball courts are used.

There is no need to push seats back to create walls. Spectators can sit, watch and cheer the same as they would in basketball. Parents comfort and coaches who have been used to standing outdoors would enjoy the convenience of seating and warmth.

SOCCER RULES	FUTSAL RULES
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#5 Ball	# 4 Ball—30% less bounce
11 Players	5 Players
3 Substitutions	Unlimited “Flying” Sub (12 Players on Team)
Throw-in	Kick-in
Running clock	Stopped clock
45 minutes halves	20 minute halves
No Time-outs	1 Time-out per half
Some contact	No shoulder charges or sliding tackles
	Second rule on restarts
Offside Rule	No Offside Rule
Goal nets 2.44 m.(8 ft) by 7.23 m. (8 yrds)	Goals 2 by 3 meters
Goalkeeper limited to 6 seconds	No Restrictions, but limited to 4 seconds
Unlimited fouling yellow and red cards give for serious infractions	5 Foul Limit for team in each half - No wall is allowed after the 5 th Foul and a direct free kick is taken (yellow and red cards given for serious infractions)
GK cannot touch by hand a ball kicked back	GK cannot touch by hand any ball played back
No sub for player sent off	Player sent off can be replaced after 2 minutes or after a goal has been scored
Corner kick placed in arch	Corner kick placed on corner

If official dimensions are required, you are advised to use metric measurements.

