

***Futsal 2011***

***EIYSA***

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# EIYSA

## Hello to all:

### EIYSA MISSION STATEMENT

Edmonton Interdistrict Youth Soccer Association is the coordinating body for Club Soccer Organizations dedicated to the leadership and development of Elite Youth Soccer Programmes in the Edmonton and surrounding area.

### Futsal Development Plan

Question? Why do we play CLUB SOCCER:

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When Why not incorporate Futsal into your daily plans? \_\_\_\_\_

### Coaches session 6:30 – 8:30 PM

6:30 - 6:45 PM Intro Why play FUTSAL

6:45 - 7:00 PM Basic Rules Rule application on Floor with Coaches  
Walk thru rule application on Floor with Coaches

Basic Rules: Kick ins, Side kick ins, Goal distribution, Corners,

Re-starts, 6 meter, 10 meter PK spots after the 5 th foul per half.  
Foul positioning after 5 fouls, Goalie distribution and play back.

7:00 - 7:15 PM Defending Systems System of play  
Who picks the system you play?  
Man to Man Full court trap 1-2-1 Half court sagging modified.

7:15 – 7:30 PM Offensive Systems  
Post-man with a slasher offence. Harlem Globetrotters. High Forward

7:30 – 8 PM Set plays Corners, Free kicks, side kick ins.

8:00 - 8:15 PM Drills to set up a system.  
Warm up System for patterns 4 corners pattern progression  
Modified drills speed of play 4 Goal game 3 v 1 progression

8:15 – 8:30 PM Game with rules and Q and A  
Just play  
Wrap-up and Questions.

Systems Systems Systems.....

Who picks the system you play?

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Why do you pick that system?

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When do you play the system?

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What system do you play?

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What is a Futsal System?

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How do you defend a Free Kick?

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How do you Attack a Corner Kick?

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How do you Attack a Free Kick?

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**My Plan Session # 2** Def and Off systems of play  
Diamond trap Full court trap 1-2-1 half court sagging

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**Offensive System or Defensive System OR is it all The same thing?**

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**Pressure Systems:**

**Drop and lock:**

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**- 2 - 1 Diamond Pressure**

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**Man to Man pressure 1/2 court 3/4 court final third**

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**utsal Offensive Systems:  
Playing against a high Forward**

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**Setting your defenders to think offensive.**

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**Post-man with a slasher offence. Harlem Globetrotters.**

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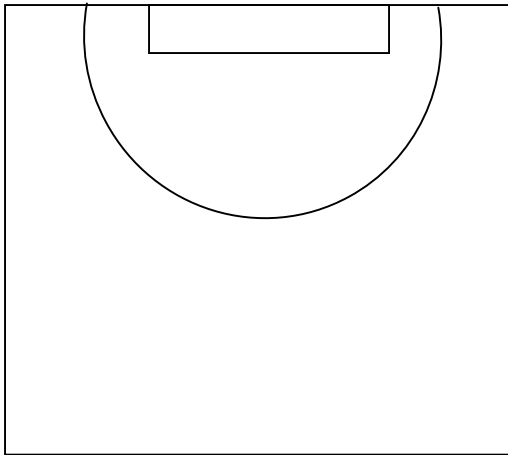
**Re-start cover.. Whose responsibility is it to get back?**

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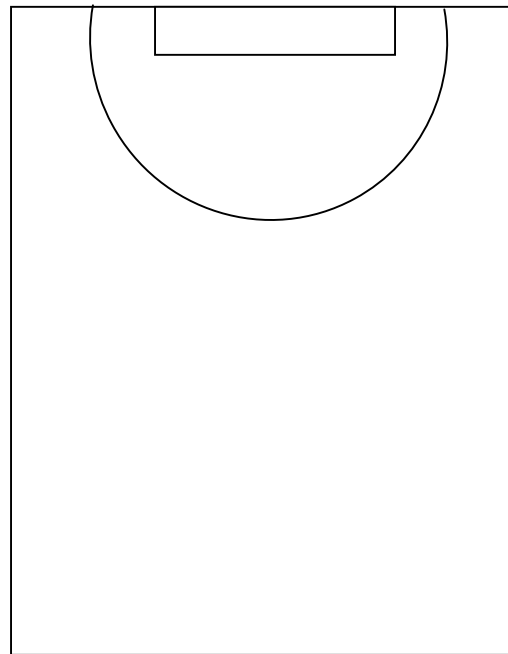
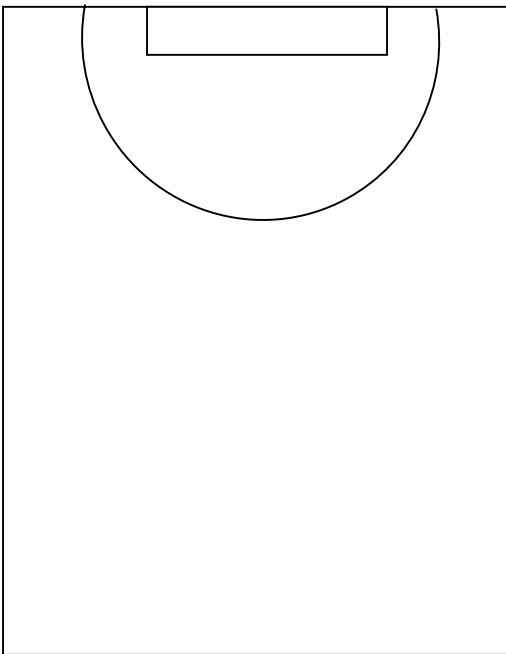
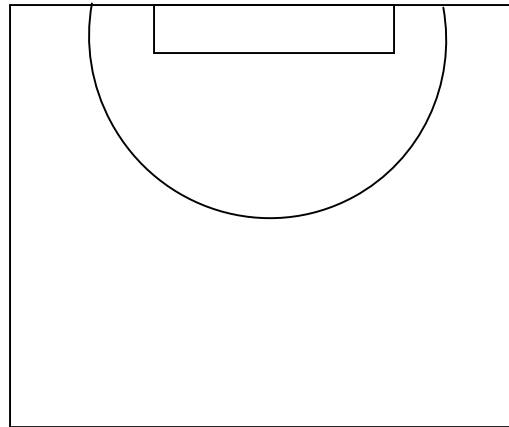
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**Set plays Off vs Def on Paper**

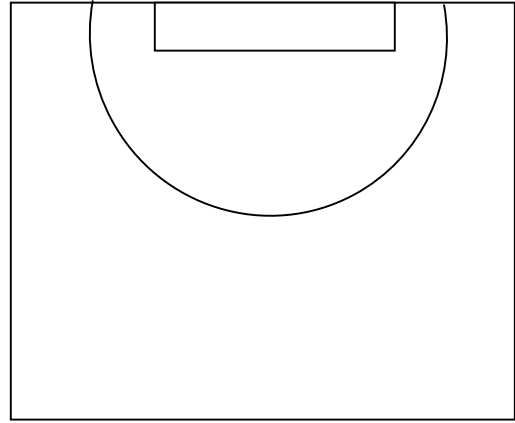
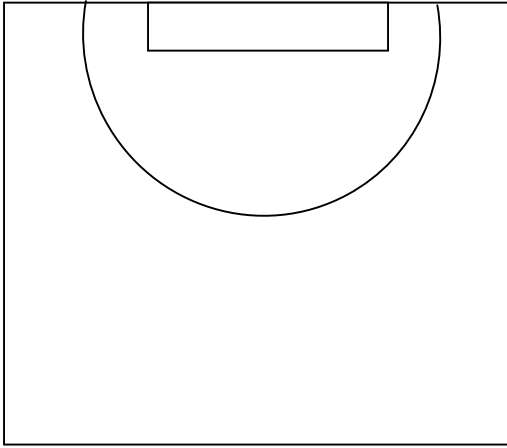
**Systems: Offensive**



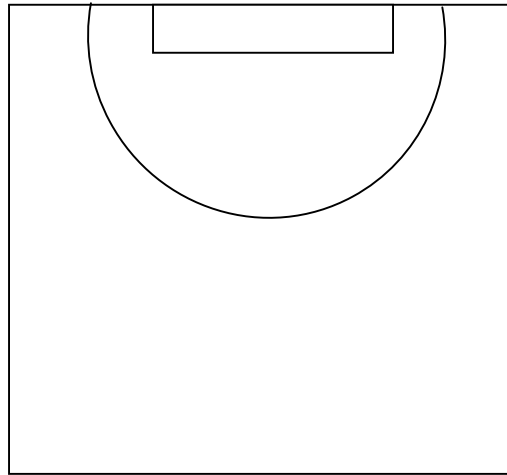
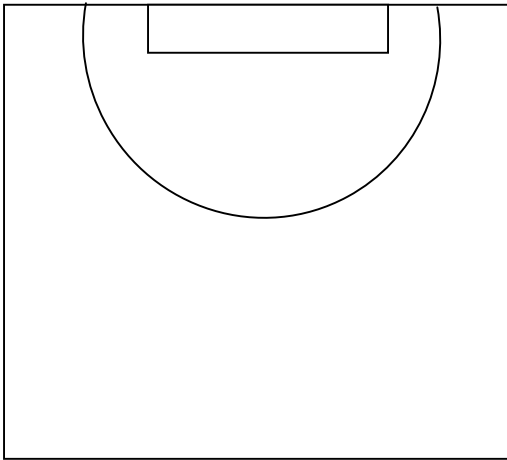
**Defensive**



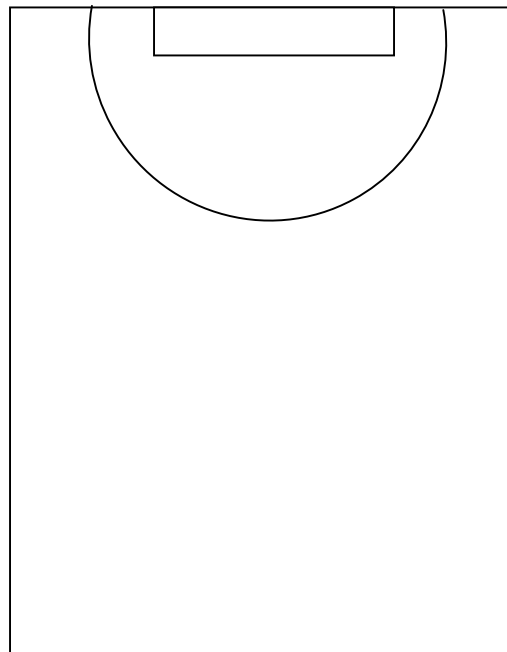
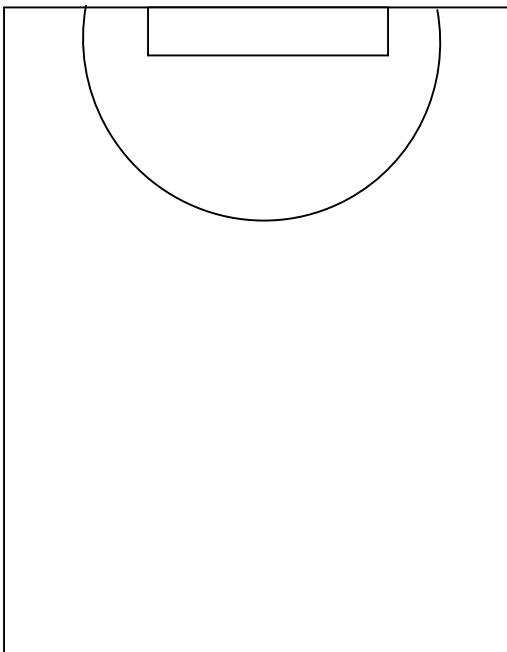
**Varm up of players using system for patterns  
4 corners pattern progression**



**Modified drills to play. speed of play 4 Goal game 3 v 1 progression**



**Game with rules and systems**



Wrap-up and Questions.

# Game sets:

